





# Nottoway County Public Schools

## October 2017 Nottoway Intermediate Lunch Menu



USDA is an equal opportunity provider and employer.

| Sun  | Mon  | Tue  | Wed   | Thu  | Fri  | Sat  |
|--|--|--|---|--|--|--|
| 1<br><i>Except Wednesdays, we offer a <b>grilled cheese sandwich</b> as a daily choice entrée upon request.</i>                                    | 2<br>Grilled Cheese Sand<br>Sweet Potato Waffle Fries<br>Chix.Vegetable Soup<br>Fruit    | 3<br>Chicken Nuggets w/<br>Corn Muffin<br>Carrots<br>Green Peas<br>Fresh Fruit                                 | 4<br>Hamburger w/ bun<br>Romaine lettuce & tomato salad<br>Baked Fries<br>Baked Beans & Fruit | 5<br>Sloppy Joes on bun<br>Mixed Greens<br>Mixed Vegetables<br>Fruit                 | 6<br>Fish Sticks w/ corn muffin<br>Corn<br>Coleslaw<br>Fresh Fruit                   | 7<br><a href="#">Virginia Farm to School Week is October 2-6, 2017 Look for Specials!</a><br><br>C   |
| 8<br><b>National School Lunch Week is October 9-13, 2017 Come eat Lunch!!</b>  | 9<br>Chicken Nugget w/<br>Biscuit<br>Mixed Vegetables<br>Baked Beans<br>Fruit            | 10<br>Chicken Tetrizzini w/ 1 roll<br>Steamed Broccoli<br>Yams<br>Fresh Fruit                                  | 11<br>Quesadilla<br>Romaine let, tom. & cucumber cup<br>Carrots<br>Fruit                      | 12<br>Meatloaf w/ roll<br>Mashed potato w/ brown gravy<br>Green beans<br>Fresh Fruit | 13<br>Cheese Pizza<br>Romaine Let. & Tom.<br>Baked Fries<br>Fruit                    | 14   |
| 15<br><div style="border: 1px solid black; padding: 5px; width: fit-content;">FF and 1% Milk offered daily.<br/><br/>Menu subject to change.</div> | 16<br>Salisbury steak & brown gravy / roll<br>Creamed potatoes<br>Carrots<br>Fresh fruit | 17<br>Beef taco meat & cheese with 1 wrap/ nacho chips<br>Romaine lettuce & tomato cup<br>Refried beans/ Fruit | 18<br>Assorted pizzas<br>Romaine lettuce, tomato & cucumber salad<br>St. Broccoli / Fruit     | 19<br>Corn dog<br>Green Beans<br>Baked beans<br>Fruit<br><i>Release @ 12:30 pm</i>   | 20<br>BBQ/bun<br>Baked fries<br>Coleslaw<br>Fresh fruit<br><i>Release @ 12:30 pm</i> | 21<br><i>Chef salads will be offered every Wednesday upon request.</i><br> |
| 22   | 23<br>Chicken Pot Pie w/ biscuit<br>Green Beans<br>Carrots<br>Fruit                      | 24<br>Hot dog/ bun<br>Baked beans<br>Sweet potato puffs<br>Fresh fruit   | 25<br>Chicken fajita w/ 1 wrap<br>Romaine lettuce & tomato cup<br>Corn/ Fruit                 | 26<br>Spaghetti & Meat Sauce / 1 roll<br>Steamed broccoli<br>Green Beans<br>Fruit    | 27<br>Deli Turkey & cheese sandwich<br>Baked fries<br>Coleslaw<br>Fresh Fruit        | 28   |
| 29<br>  | 30<br>Chicken Patty w/ buns<br>Green Beans<br>Yams<br>Fruit                              | 31<br>Ham w/1 roll<br>Corn<br>Steamed Broccoli<br>Fresh Fruit  |   |  |  |  |
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